

## **Walk 5 - The Rod and Line, Tideford for Lunch**

At the bottom of the station approach, turn left up the hill. Cross the railway overbridge and continue up hill in the sunken lane until you emerge through a gate into the byway that runs through Longfield. The overgrown area to your left used to be the village reservoir. The track now passes through what is thought to be the remains of an iron age hill fort before entering the field itself by a seat commemorating a local farming family.

Continue along the track with its views over the Lynher estuary to the south and north to Bodmin Moor. Down to your left as you near the end of Longfield can be seen Treboul House. This was built to replace one in St Germans that had to be demolished to make way for the railway.

Joining the public highway again, continue straight on and at Treboul Cross turn right. Follow the lane under the railway bridge and at the top of the hill turn left then right. Follow this road until it joins the B3249 on a bend with the Port Eliot Estate's Furze Park Lodge house opposite. Turn left and then as the road starts to descend and curve to the left, take the footpath across fields to the right. This is a little unclear, so; follow the footpath down across the field, to the right of some derelict barns. There is a farm track that passes the derelict barns. After a short bend this track opens into fields (about 50 metres from the barns). Cross the track above the barns and follow the hedge (the barns should be to the left and behind you; the field hedge should be on your left). Cross

over the next field until you reach the wood boundary. Follow the woods a little to the left until you find a stile. This will take you down a woodland path and descend to a lane that used to be the A38 main road! The estate lodge house here is called Tideford Lodge. Continue up the hill past the excellent local butcher's, Paul Bray, and cross the main road at the traffic island. The Rod and Line is a short distance up the road opposite.

If it is open to the public at the time of your visit, you can return to St Germans via Port Eliot Estate (fee payable). Go through the white gate at Tideford Lodge and follow the carriage drive known as Tideford Drive along the banks of the Tiddy to Port Eliot house and gardens.